

MAJOR SCALE WORKOUT 1



Major Scale

Major Scale Formula

 $\mathsf{W} \mathsf{W} \mathsf{H} \mathsf{W} \mathsf{W} \mathsf{W} \mathsf{H}$

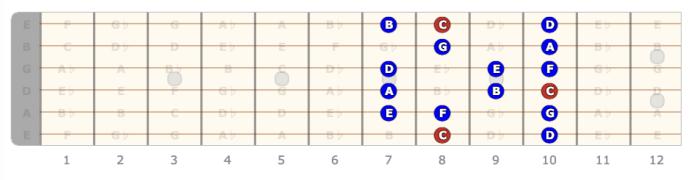
W = Whole Step H = Half Step

PRACTICE AND REMEMBER THESE MAJOR SCALES

С	D	E	F	G	А	В	С
D	Е	F#	G	А	В	C#	D
Ε	F#	G#	А	В	C#	D#	Е
F	G	А	Bb	С	D	Е	F
G	А	В	С	D	Е	F#	G
Α	В	C#	D	Е	F#	G#	А
В	C#	D#	Е	F#	G#	A#	В

Major Scale WORKOUT

C Major Scale



ASCENDING DESCENDING

Exercise 1

Е
В
G
D 79101097
A 108101087
E 810108

PRACTICING 3rds

Exercise 2

E	
В	
G 77	
D 97-10910	
A 78710810	
E 810	



ASCENDING DESCENDING

Exercise 3

E 78101087	
В 10810108	
G 7-9-101097	
D 1010)
A	
E	

PRACTICING 3rds

Exercise 4

E 87-108
В 10810810
G 9710910
D 10
A
E

TRICK

While Practicing 3rds,

DO NOT stack your pairs by (Note, Its 3rd), (Note + 1, Its 3rd) (C,E), (D,F) etc

Stack them as

(Note), (Its 3rd, Its 3rd – 1) C, (E,D), (F,E) etc