MAJOR SCALE WORKOUT 1

Major Scale

Major Scale Formula

W W H W W W H

W = Whole Step
H = Half Step

PRACTICE AND REMEMBER THESE MAJOR SCALES

C	D	E	F	G	A	B	C
D	E	F#	G	A	B	C#	D
E	F#	G#	A	B	C#	D#	E
F	G	A	Bb	C	D	E	F
G	A	B	C	D	E	F#	G
A	B	C#	D	E	F#	G#	A
B	C#	D#	E	F#	G#	A#	B

Major Scale WORKOUT

C Major Scale

ASCENDING DESCENDING

Exercise 1

```
E|----------------------------------------------------------
B|----------------------------------------------------------
G|----------------------------------------------------------
D|------------------7--9--10--10--9--7----------------------
A|---------7--8--10----------------------10--8--7---------
E|--8--10----------------------------------------------10--8--
```

PRACTICING 3rds

Exercise 2

```
E|--------------------------------------------------------
B|--------------------------------------------------------
G|------------------------------------------------7------
D|------------------------7------9--7--10--9-----10--
A|-----7------8--7--10--8-----10--------------------------
E|--8-----10---------------------------------------------
```

ASCENDING DESCENDING

```
Exercise 3

E|-----------------------7--8--10--10--8--7---------------------
B|----------------8--10--------------------10--8---------------
G|------7--9--10----------------------------------10--9--7------
D|--10-----------------------------------------------------10--
A|-------------------------------------------------------------
E|-------------------------------------------------------------
```

PRACTICING 3rds

```
Exercise 4

E|-----------------------------------7------8--7--10--8--
B|-------------------8------10--8-----10---------------
G|------9--7--10--9-----10----------------------------
D|--10----------------------------------------------
A|--------------------------------------------------
E|--------------------------------------------------
```

TRICK

While Practicing 3rds,

DO NOT stack your pairs by

(Note, Its 3rd), (Note + 1, Its 3rd)
(C,E), (D,F) etc

Stack them as

(Note), (Its 3rd, Its 3rd – 1)
C, (E,D), (F,E) etc