

# MAJOR SCALE WORKOUT 1



## **Major Scale**

Major Scale Formula

 $\mathsf{W} \mathsf{W} \mathsf{H} \mathsf{W} \mathsf{W} \mathsf{W} \mathsf{H}$ 

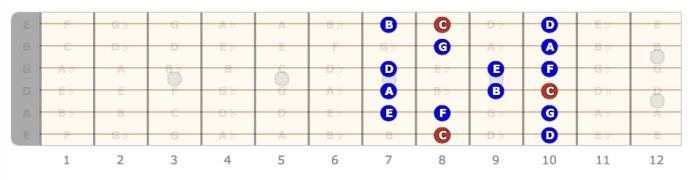
W = Whole Step H = Half Step

# PRACTICE AND REMEMBER THESE MAJOR SCALES

С	D	E	F	G	А	В	С
D	Е	F#	G	А	В	C#	D
Ε	F#	G#	А	В	C#	D#	Е
F	G	А	Bb	С	D	Е	F
G	А	В	С	D	Е	F#	G
Α	В	C#	D	Е	F#	G#	А
В	C#	D#	Е	F#	G#	A#	В

## **Major Scale WORKOUT**

#### **C** Major Scale



#### ASCENDING DESCENDING

Exercise 1

Е
В
G
D 79101097
A  108101087
E  810108

## PRACTICING 3rds

Exercise 2

E	
В	
G  77	
D 97-10910	
A  78710810	
E 810	



### ASCENDING DESCENDING

#### Exercise 3

E  78101087	
В  10810108	
G 7-9-101097	
D 1010	)
A	
E	

#### PRACTICING 3rds

Exercise 4

E 87-108
В  10810810
G 9710910
D 10
A
E

## TRICK

While Practicing 3rds,

DO NOT stack your pairs by (Note, Its 3<sup>rd</sup>), (Note + 1, Its 3<sup>rd</sup>) (C,E), (D,F) etc

Stack them as

(Note), (Its 3<sup>rd</sup>, Its 3<sup>rd</sup> – 1) C, (E,D), (F,E) etc